



BREKKIE NEEDS TO POWER YOUR DAY, LUKE HAS GOT YOU COVERED. ENJOY.

QUICK BITES

**GRILLED SOURDOUGH, LINSEED,
GLUTEN FREE BREAD (V, GFO)**

Choice of Luke's Kitchen raspberry jam, honey,
peanut butter or vegemite \$12.5

FRESHLY BAKED CROISSANT (V)

Choice of Luke's Kitchen raspberry jam, honey,
peanut butter or vegemite \$10
Ham, tomato and cheese \$17

FRESH FRUITS (V)

Coconut yoghurt, passionfruit \$24

CHIA & POACHED BERRIES (V)

Dried apricots, toasted coconut \$24

MAPLE SPICED GRANOLA (V)

Poached fruit & fresh berries, natural yoghurt \$23

SMASHED AVOCADO ON TOAST (V)

Tomato salsa, soft fetta, basil \$24
ADD poached egg +\$4.5

MUSHROOMS ON TOAST (V)

Crème fraiche, brioche bun \$24

A LA CARTE

BUTTER MILK PANCAKE

Pears & cream \$28

TOASTED COCONUT & MANGO BREAD

Ricotta, poached mandarin, cardamom & saffron syrup \$24

FIG & BANANA ESPRESSO

Toasted crumpet, ricotta, honey \$26

BACON AND EGG ROLL

Onion marmalade, Swiss cheese, BBQ sauce \$23

GRILLED HALOUMI (GFO)

Smoked salmon, avocado, truss tomato, kale, dukka \$28

CROQUE MADAM (GFO)

Fried egg, ham, tomato relish, parmesan \$24

EGGS BENEDICT (GFO)

Ham, onion jam, spinach, hollandaise sauce \$28

SCOTCH EGG

Pork sausage, tomato jam, zucchini pickle \$26

BIG BREAKFAST (GFO)

Fried eggs, bacon, chorizo, hash brown, mushroom, roast
tomato, smashed avocado, grilled sourdough \$36



MOTHERSKY COFFEE

Coffee \$5.50

Oat, Almond, Soy, Lactose Free \$0.50

MotherSky Coffee is all about honouring daily rituals and old tradition and inspired by modern taste - We can't think of a better way to start our day!

T TOTALER TEA

Pot of Tea \$5.50

English Breakfast
French Earl Grey
Peppermint
Oolong

Lemon Ginger
Chamomile Blend
Sencha

T Totaler Tea is specially blended to provide a balance between taste, smell and nutrition. Each combination is 100% locally sourced and designed to your needs.

LUKE'S KITCHEN JUICES | \$9

Luke's Daily Detox

Vitamin C, Apple Cider Vinegar, Orange, Ginger Turmeric

Luke's Glow

Bamboo Silica, Vitamin C, Aloe Vera, Pomegranate, Lemon

Luke's Ginger+

Ginger, Lemon, Cayenne Pepper, Vitamin C

Give your digestive system a much-needed break and allow your body to detox, heal, restore, and rejuvenate with our Luke's Kitchen health shots.

Hydrate your body with 100% raw nutrients, minerals, and probiotics to bring your physical and mental being back to its natural state.

JUICES | \$7

Pineapple
Orange
Cloudy Apple